



## **Yellow Belt Homework**

Yellow belts interested in testing to Orange belt must know the following, as well as previous items:

### **Meaning:**

Yellow, Earth: The ground in which the seeds of knowledge have been sewn.

**Rank:** 9<sup>th</sup> Gup

### **Vocabulary:**

“Coo-Bee” - Stance

“Op-Coo-Bee” - Front Stance

“Teh-Den-Juh-Say” - Guarding Stance

“Ji-ro-gi” - Punch

“Chu-Mok-Ji-Ro-Gi” - Straight Punch

“Yulhana” - Eleven

“Yuldul” - Twelve

“Yulset” - Thirteen

(14-19 Follow the same pattern Yul plus the number)

“Sumul” - Twenty

“Ji-Gi” - Axe Kick

### **Form:**

Taegeuk 11 Jang

### **Self-Defense:**

All Self Defense that the student has learned in class, minimum is Number 1, starting from a Left guarding stance.

### **Board-Breaking:**

Left Leg Side Kick

### **Strength:**

10 Pushups, 20 Squats

Cost : \$85

**Belt Testing Date** \_\_\_\_\_ **Parent Signature** \_\_\_\_\_