



Purple Senior Homework

Purple seniors interested in testing to Brown belt must know the following, as well as previous items:

Rank: 4th Gup

Vocabulary:

Everything from prior belts

Form:

TAEGUEK Sah Jang

Self-Defense:

All Self Defense that the student has learned in class, minimum is Number 5, starting from a Right guarding stance.

Board-Breaking:

Left Hand Punch

Strength:

25 Pushups, 70 Squats

COST \$145

BELT TESTING DATE: _____ PARENT SIGNATURE: _____