



## **Purple Belt Homework**

Purple belts interested in testing to Purple Senior must know the following, as well as previous items:

Rank: 4<sup>th</sup> Gup

### **Vocabulary:**

“Kum-gon-Makki” - Mountain Block (Double-Hand High Middle Block)

“Tee-Tol-Ya-Chuggi” - Backspin Kick (Sometimes abbreviated as “Het-Choo”)

“Som-Bay-Yook-Ship-Tol-Ya-Chuggi” - Lit: 360 Degree Roundhouse Kick (Often abbreviated as Notabahng)

“Bah-Tahng-Sohn-Maki” - Pressing Block

### **Form:**

TAEGUEK Sah Jang

### **Self-Defense:**

All Self Defense that the student has learned in class, minimum is Number 4, starting from a Left guarding stance.

### **Board-Breaking:**

Right Hand Punch

### **Strength:**

25 Pushups, 60 Squats

COST \$135

BELT TESTING DATE: \_\_\_\_\_ PARENT SIGNATURE: \_\_\_\_\_